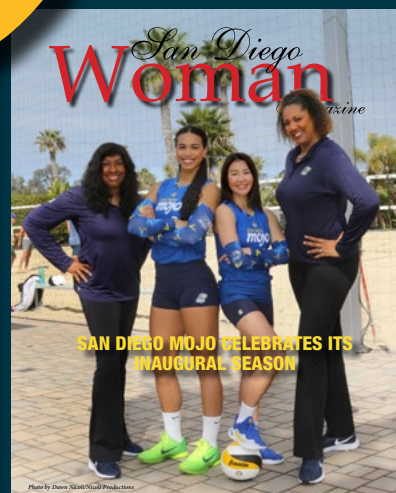
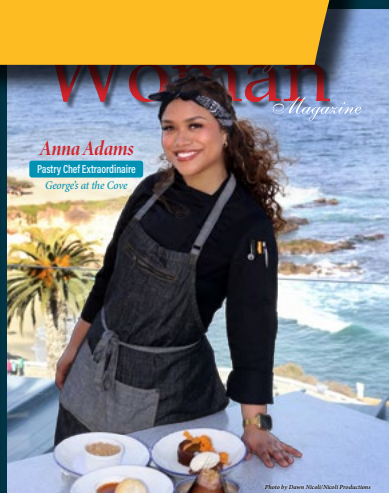
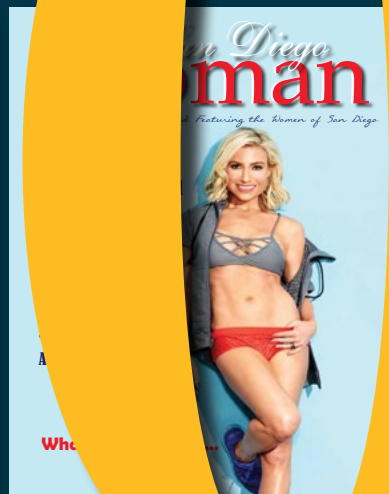


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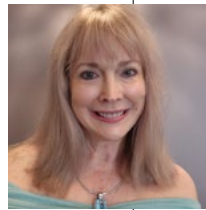


CONTRIBUTORS



Jaime V. Habert

Jaime is the Managing Editor of San Diego Woman and a freelance writer out of Carlsbad, CA. She loves to document topics of health and fitness, entrepreneurship, and body image.



Patricia Gordon Stevens

Patricia Gordon Stevens is a counselor and writer originally from Memphis, Tennessee, now living in Kapunda, South Australia, with her British husband. Her debut novel, *Madness in Memphis*, exposes the emotional and psychological realities of domestic violence — drawing on her lived experience and her work with trauma survivors.

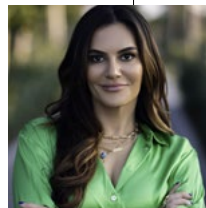
A graduate of Edith Cowan University with a master's in counseling, Stevens now runs Maxwell House Counseling, specializing in grief, bereavement, anxiety and trauma.

For more information, visit www.patriciagordonstevens.com, or find the author on Facebook and Instagram at Patricia Gordon Stevens Author.



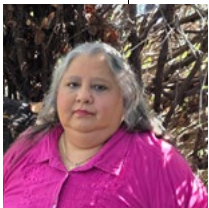
Dawn Nicoli

For over 20 years Dawn has owned and operated Nicoli Productions, an environmental portrait studio, run out of her two-acre property in Escondido. Starting a new chapter of her life, when serenity has become so important, Dawn spends her time in her palapa tree house exploring the world of writing.



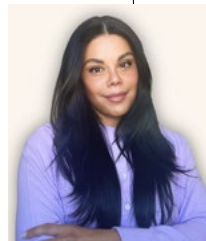
Esin Pinarli

Esin Pinarli, LCSW, is a holistic psychotherapist and relationship expert specializing in healing attachment wounds, codependency, and the hidden trauma behind perfectionism and burnout. Founder of Eternal Wellness Counseling, she integrates Internal Family Systems (IFS), IMAGO Therapy, brainspotting, and somatic practices to guide clients toward self-awareness, connection, and embodied healing. A licensed clinical social worker and Certified Addiction Professional, Esin blends evidence-based science with soulful compassion. She helps readers release old survival patterns and rediscover authentic love. Learn more at EternalWellnessCounseling.com.



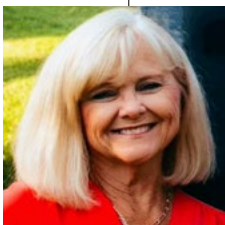
Maggie Ramos

Maggie Ramos began being creative the minute she was born. Maggie is a poet, photographer, and complete artist who creates based on emotions. Her most recent book, "Your Thoughts, Feelings, and Essence Became Ours." was recently published. Maggie is a soul full of spirit and positive energy to share with the world. You can find her book on Amazon. Instagram~Intuitions7471, Facebook~Maggie Ramos, Tiktok~Maggie Ramos7471 Artbymaggyramos@yahoo.com Text~760-695-2525



Annie Vizcarra

Annie Vizcarra, LMFT, is a licensed marriage and family therapist and the founder of Calma, a therapy and wellness practice dedicated to helping high-achieving women reconnect with themselves and build calmer, more intentional lives. As a Latina therapist, Annie is passionate about expanding conversations around mental health and emotional wellness within diverse communities. Her work blends clinical expertise with a holistic approach to well-being, encouraging people to approach healing with curiosity, compassion, and balance.



Ruthie Marie Moss

Ruthie Marie Moss is an aspiring writer transported at the age of two from the cornfields of Iowa to Southern California where she currently resides. Terms of endearment are: Mother, Mama, Mom, Nana, Aunt Ruthie, Godmother, and friend. Her passion for writing and helping others inspires her to share personal joys to heartbreaking tragedies, to travels and adventures. She may be found sitting at a picnic table or on a beach chair weaving her threads of life into stories others may glean from and enjoy.



Dom Gagliardi

Dom Gagliardi is a San Diego resident who spent 38 years as an educator, administrator, and professional developer, where he had the opportunity to write many articles and curricula. Now in retirement, he has resumed his lifetime pursuit of writing poetry and fiction.

Jaime Victoria Habert

MADNESS IN MEMPHIS PATRICIA GORDON STEVENS*Counselor and Author Patricia Gordon Stevens Confronts
What Too Many Women Endure Behind Closed Doors in New Book*

It could be happening to a coworker, neighbor, sister, or friend. One in four women in the wealthiest nations — including the United States, Australia, and the United Kingdom — will experience domestic violence in their lifetime, yet nearly half of those incidents will go unreported.

Licensed counselor and author Patricia Gordon Stevens knows this reality all too well. Drawing from her own lived experience, Stevens channels the shame, fear, and resilience of living under seriously challenging conditions into her new book, *Madness in*

Memphis, a harrowing yet hopeful portrait of one woman's fight to reclaim her life.

"People think they know about domestic violence, but they rarely understand how complex and isolating it really is," Stevens said. "It doesn't discriminate. It affects women from every background, every income level, every walk of life."

In *Madness in Memphis*, readers meet Morgan Sage, a devoted mother and successful stockbroker who longs to give her children the stability of a loving home. When she remarries, she believes she's found that

missing piece until her new husband's charm gives way to cruelty. What begins as emotional manipulation escalates into stalking and physical terror, leaving Morgan trapped in a cycle of fear and self-doubt.

Supported by a small circle of allies — her mother, best friend, her brilliant work colleague, and her new, compassionate attorney — Morgan discovers the strength to confront the man who vowed to love her but instead sought to destroy her. The story's chilling realism reflects the lived experience of many women who

endure years of coercion and control before finding a path to safety.

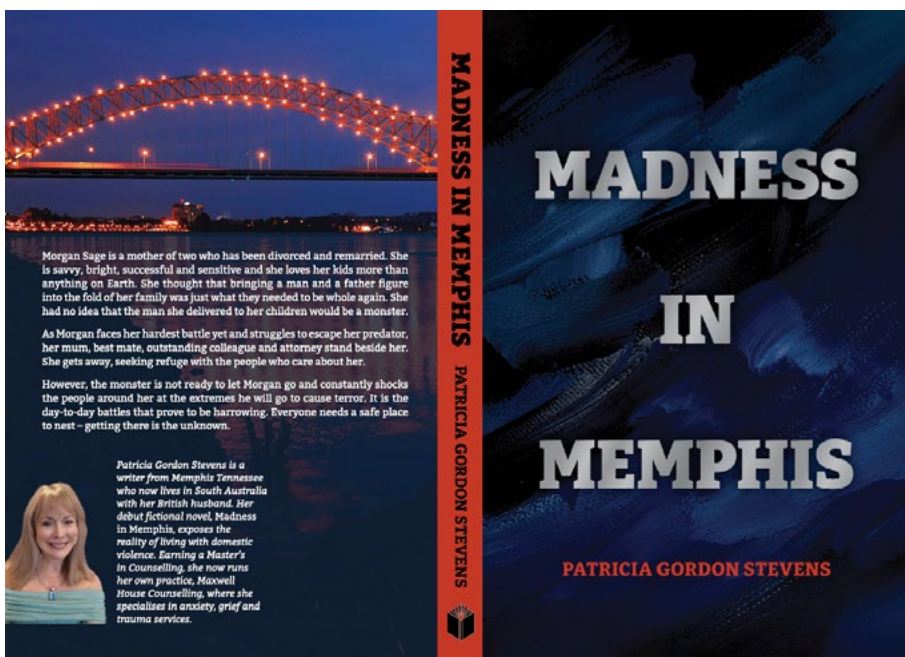
"I want people to know what it's really like for a woman to live with a stalker and violent abuser — someone who is supposed to love her," Stevens said. "It's a dark, relentless world, but it's not hopeless. There is a way out."

Part psychological thriller, part survival story, *Madness in Memphis* blends gripping fiction with emotional truth, offering not only suspense but also understanding. The author's background in counseling adds depth and authenticity, allow-

ing her to explore trauma and recovery with compassion and insight."

If a woman surrounds herself with the right support systems and people, she can find a way to flee with her children," Stevens added. "But it's nearly impossible to do it alone."

Madness in Memphis is both a page-turner and a call to awareness — a reminder that behind closed doors, too many women face unseen danger, and that empathy and education remain vital in ending the cycle of abuse.



Madness in Memphis
 Publisher: Hembury Books,
 Release date: November 27, 2025
 ISBN-13: 978-1923517332 (Paperback)

Available from: <https://www.amazon.com/Madness-Memphis-Patricia-Gordon-Stevens/dp/1923517333>